

UW Medicine

UW SCHOOL
OF MEDICINE

4th Anesthesia & Obstetrics Joint Conference:
What Happened to You?

*Realize, Recognize, Respond, and Resist
Re-Traumatization in Labor and Delivery*

Saturday | March 18, 2023

University of Washington | South Lake Union

850 Republican Street

Seattle, WA 98109



Sponsored by UW School of Medicine Department of Anesthesiology & Pain Medicine
Department of Obstetrics & Gynecology
Office of Continuing Medical Education

WHO SHOULD ATTEND

This meeting is intended for specialists working on any labor and delivery floor including anesthesiologists, obstetricians, nurse anesthetists, residents and fellows. Pediatricians, neonatologists, perinatologists, general practitioners, delivery room nurses, nurse midwives, and clinical pharmacologists may also find educational benefit.

COURSE DESCRIPTION

The 4th University of Washington Obstetric Anesthesia Conference will be another joint venture with the Obstetrics Department and the Anesthesiology Department. The conference will provide all L&D floor providers including anesthesiologists, OB/GYNs, nurse anesthetists, residents, and fellows with one full day of CME-accredited learning.

Presentations from faculty experts will be combined with hands-on workshops using state-of-the-art simulations. The first half of the day explores a variety of important themes about outcomes of labor and delivery patients via lectures, debates, and problem-based discussions. Each presentation will allow ample time for interaction with the audience.

The second half of the day will focus on simulations. Participants will experience small group workshops as well as teaching via live models.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Assess the significant consequences of a traumatic birth on the mother, the mother-baby dyad, the child, and society
- Understand and learn to apply the principles of trauma-informed care in obstetrics
- Recognize specific antepartum maternal risk factors associated with post-partum mental health conditions

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 7.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

MD/DO/PhD	\$ 325.00
Allied Health Professionals	\$ 275.00
MD/DO Resident/Fellow*	\$ 50.00

**MD/DO Resident/Fellow rate applies to MD/DO only and requires written confirmation of current resident/ fellow status*

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Course fees are estimated to include a transcript of AMA PRA Category 1 Credits™, access to online instructional materials, catering, taxes, faculty planning, and salaries. Register online at <https://uw.Cloud-CME.com/MJ2311>. Allow up to 15 working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the CME office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed if space is not available at the course.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcmc.org (for conference registrants only). Materials will be available starting on **March 10, 2023**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference. No printed presentation materials will be available.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 1, 2023**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after **March 1, 2023**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

CHILDCARE POLICY/ LACTATION SERVICES

In consideration of other participants and speakers, please do not bring infants/children into conference sessions. Please inform the CME Office by **March 10, 2023**, if you will need to utilize lactation services.

DIETARY REQUESTS

UW CME considers diverse nutritional preferences and restrictions when planning our complimentary menu. If you have dietary restrictions (i.e. vegan, gluten-free, etc.), please notify us by sending an email to cme@uw.edu by **March 10, 2023**.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY
206.685.7264/Fax • e-mail: dso@uw.edu

ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly.

Astra Hotel

A Tribute Portfolio Hotel
300 Terry Ave N
Seattle, WA 98109
206.693.6000

Courtyard by Marriott

925 Westlake Avenue N
Seattle, WA 98109
206.213.0100

EVEN Hotel Seattle

527 Fairview Avenue N
Seattle, WA 98109
206.596.2302

Fairfield Inn & Suites

226 7th Avenue North
Seattle, WA 98109
206.443.2012

Hyatt House

201 Fifth Avenue N
Seattle, WA 98109
206.727.1234

MOXY Seattle Downtown

1016 Republican Street
Seattle, WA 98109
206.708.8200

Residence Inn

800 Fairview Avenue N
Seattle, WA 98109
206.624.6000

Staybridge Suites

1119 Mercer Street
Seattle, WA 98109
855.680.3239

Course Faculty

COURSE CHAIR

Laurent Bollag, MD
Professor
Department of Anesthesiology & Pain
Medicine
Chief, Division of Obstetric Anesthesia,
UW Medicine

COURSE CO-CHAIR

Anjum Anwar, MD
Assistant Professor
Department of Anesthesiology &
Pain Medicine

SPECIAL GUEST SPEAKER

Tracey Vogel, M.D.
Clinical Anesthesiologist
Sexual Assault Counselor
Director, Perinatal Trauma-informed Care Clinic
Allegheny General Hospital
Pittsburg, PA

PLANNING COMMITTEE/FACULTY

Carlos Delgado, MD
Associate Professor
Department of Anesthesiology & Pain Medicine

Peter Napolitano, MD, FACOG
Professor
Department of Obstetrics and Gynecology

Nadine Martinez, DNP, RNC-OB
Perinatal Clinical Nurse Specialist
University of Washington Medical Center

LaVone Simmons, MD
Clinical Assistant Professor
Department of Obstetrics and Gynecology

7:30 Registration and Continental Breakfast

- 8:00 Welcome and Introduction
Anjum Anwar, M.D. and Laurent Bollag, M.D.
- 8:15 Concepts of Psychological Trauma and How It Relates to the Care of Obstetric Patients: The What, Why, When, and Now of trauma-informed care
Tracey Vogel, M.D.
- 9:00 Exploration of Birth Trauma Narratives:
Introducing trauma-informed care principles
Tracey Vogel, M.D.
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9:45 Break

- 10:00 Skills Training for Recognition and Intervention for Acute Stress Responses
Tracey Vogel, M.D.
- 11:00 Communication Strategies for Collaborative Care
Tracey Vogel, M.D.
- 12:00 Skills Lab: Communication Strategies for Collaborative Care
Tracey Vogel, M.D.
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12:30 Lunch

- 1:00 Simulation Session 1
- 1:45 Transition Time
- 1:50 Simulation Session 2
- 2:35 Transition Time
- 2:40 Simulation Session 3

Simulation 1:
Postpartum Hemorrhage

Simulation 2:
Intra-Cesarean Pain

Simulation 3:
Severe PACU Pain

3:25 Break

- 3:45 Wrap-up Q&A
- 4:30 Adjourn